



Town of Redding
Health Department

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Dear Redding Parents,

In my travels around town, I've been noticing groups of teens traveling in cars together and hanging out in public spaces without practicing social distancing. This is very concerning to me, and it should be to you as well.

There is no role for sugar-coating here. Plainly speaking, this is how coronavirus spreads. This is how people get sick and die. It takes only one hand-to-hand contact, one cough, one sneeze, one sharing of a piece of sporting equipment or beer or vaping device in order for one particle of coronavirus to spread from one person (whether symptomatic or not) to another. I encourage all parents in our community to be much more diligent with respect to monitoring our kids' behaviors and reinforcing the need for consistent physical distancing measures at all times when outside of the household. If we can't rely on each other to do the right thing, we as a community will suffer; the most vulnerable among us can become very sick as a result of this type of carelessness, and some of us may die.

Let's do our best to look out for each other.

Thank you,

Larry Leibowitz, MD
Health Director
Redding, CT