



Student Wellbeing - Substance Update Data

BOE Presentation - January, 2018
Gina M. Pin, Ed.D.



Evidence of Substance Use on
campus is declining from
previous years

WHY??

Region 9 Substance Policy is:

- Enforceable
- Communicated Well
- Implemented with Fidelity
- Supported by the Community

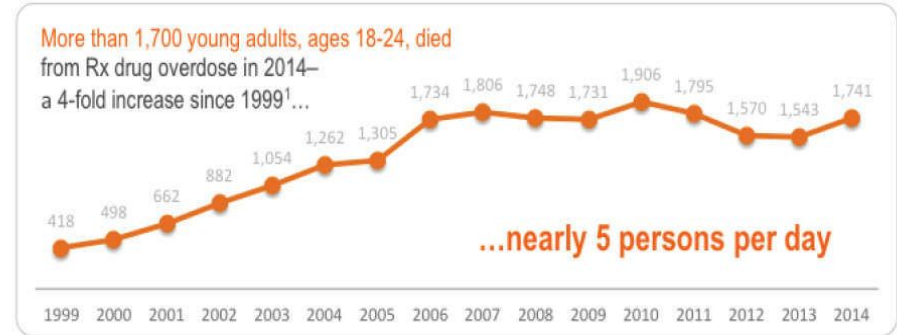
So .. why the focus on Substance?

- This has always been our focus in our efforts to keep students safe
- De-awfulizing of marijuana due to legal status in many states
 - It is not legal to use recreational marijuana as a high school student
- Popularity of vapes
 - Marketed to students as “safe” alternative to smoking cigarettes
 - Unknown chemical composition of vaping oils - some containing THC (marijuana)
 - Easy to use and conceal
- Students report using substances (especially alcohol and marijuana) in the community at private homes
 - Confirmed by social media posts
 - Confirmed by police reports
- Data on Substance use of 18+ year olds has us concerned

Data emphasizing our need to educate

CONSEQUENCES

- Reports of parties in Redding and Easton communities where substance is a factor leading to school involvement on rise
 - Social media
 - Availability of online reporting
 - Growing Awareness
- Opioid use on the rise in 18-24 year olds
- De-stigmatizing marijuana in 19-22 yr olds
 - Daily marijuana use is at the highest level since the early 1980s for this age group, with 4.9 percent of college students and 12.8 percent of non-college peers reporting daily use (drugabuse.gov)
- Heavy Alcohol Use (college vs non-college)
 - 2016 data from drugabuse.gov
 - 32.4% vs 28.7% (5 or more drinks in a row)
 - 40.8% vs 30.4% (intoxicated in past month)



Among young adults, for every death due to Rx drug overdose, there were:

119

Emergency
Room Visits⁶

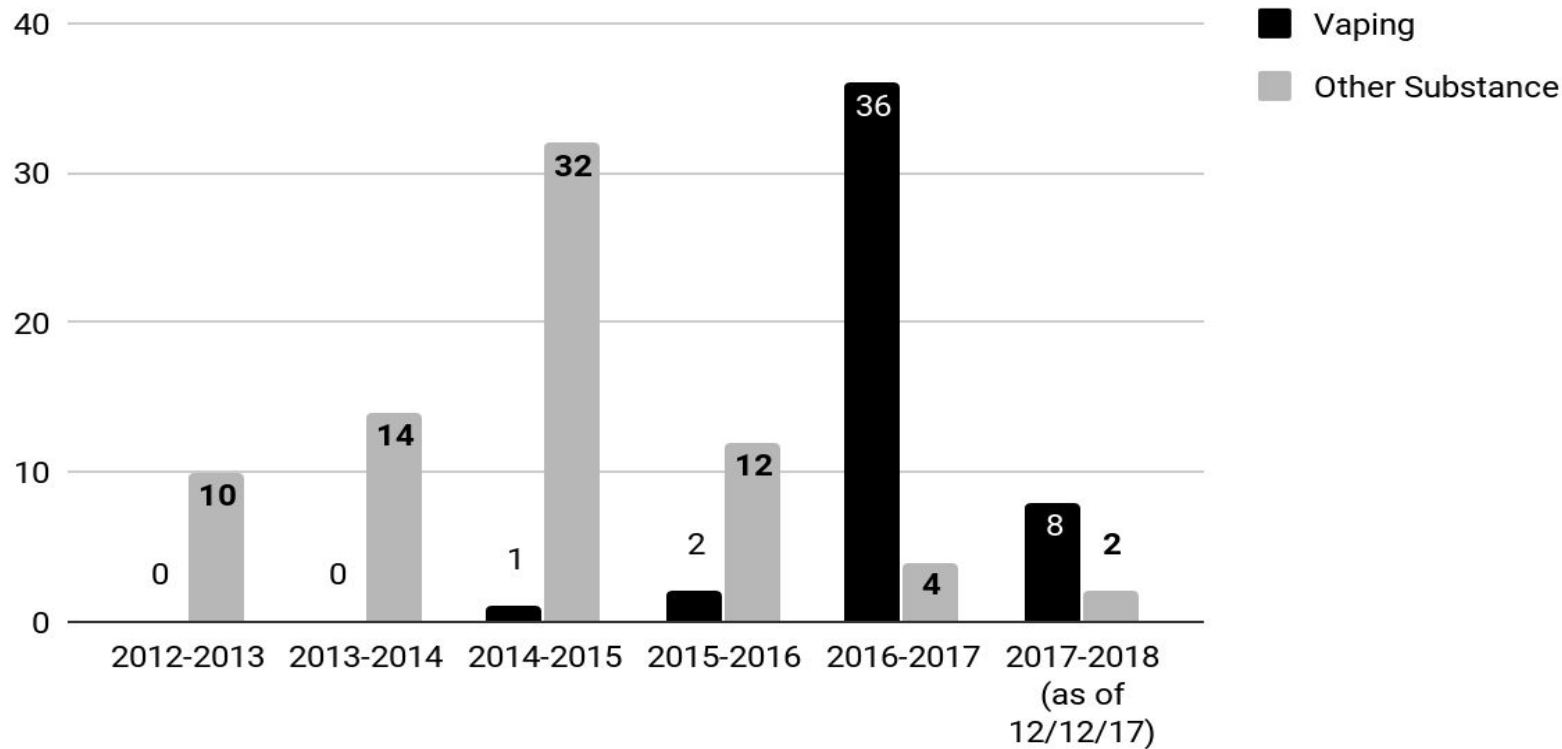
&

22

Treatment
Admissions⁷

Joel Barlow High School Historical Data

Vaping vs Other Substance



Data from Barlow : 2017 - 2018

Substance Policy Violation on School Grounds

Month	Alcohol	Other Substances	Vaping-Related	THC in Vaping Oil
August	0	0	0	0
September	0	0	1	0
October	0	0	2	0
November	0	0	2	1
December	0	0	3	1
January	0	0	1	0

Are Restrooms Locked Due to Vaping??

NO

They have not been locked except for repairs.

Sweeps of Restrooms do not support claims that restrooms are inaccessible due to vaping

Alternative Restrooms (i.e. Nurse) always an option - but sweeps are not showing evidence of rampant vaping.

Vaping devices found on students or in bags reported by faculty or other students

JBHS Responds to “Vaping”

- Educating staff, parents, and students
 - “Juul”
 - Newsletters
 - Conversations
 - Wellness Units
 - Poster Campaign
- Increase number of times staff checks restrooms
- Communication with other schools to share resources and information - no one has “the answer” yet.
- Consistent Consequences
 - Testing of all “pods”
 - If not found to contain THC or in possession of parts of vaping device then tobacco policy is enforced
 - If found to contain THC - substance policy takes effect
- Explore ways to address student anxiety and resist peer-pressure

Plan of Action to Continue to Address Substance Use

- If we increase our adult presence in the hallways, bathrooms, and common areas, then students will feel supported in making healthy behavioral choice. Therefore, we will greet students as they enter classrooms, rotate staff to monitor bathrooms, and outline protocols for supervising common areas.
- If we better understood the assets of our students, we could then increase opportunities for students to experience comfortable, supportive learning environments.
- If data regarding substance use can be gathered in a reliable way, we can address the behavioral choices of students by utilizing community assets. Therefore, we will administer the SEARCH Attitudes and Beliefs survey to students in grades 10 and 12.



END OF
PRESENTATION.

THANK YOU