



# EASTON, REDDING, AND REGION 9 SCHOOL DISTRICTS

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**SCOTT REISS**  
INTERIM DIRECTOR OF FINANCE & OPERATIONS

## **Special Meeting**

Easton, Redding, Region 9 Boards of Education

Wellness Committee Agenda

Joel Barlow High School ~ Crowley Room

Monday, October 20, 2017

1:00 p.m.

- I. Call to Order
- II. Approval of Minutes from the February 6, 2017 Easton, Redding, Region 9 Boards of Education Wellness Committee Meeting
- III. Public Comment
- IV. Committee Member Comment
- V. Discussion and Possible Action
  - A. Chartwells Food Service Menu Sampling and Menu Review
  - B. Curriculum Update
  - C. Tower Gardens
  - D. Chartwells Updates
  - E. Employee/Adult Wellness Survey
  - F. Sports Nutrition Lessons for Students/Athletes
- VI. Public Comment
- VII. Adjournment